

Lunch Menu



Week day Date	Monday 20/05/24	Tuesday 21/05/24	Wednesday 22/05/24	Thursday 23/05/24	Friday 24/05/24
Morning Snack	Egg Sandwich	Grilled Ham Cheese	Cream Bur	Cornflake	Tuna Sandwich
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Main Western	Marinate Fish	Roasted Pork Loin With Pepper Sauce	Teri <mark>yaki Chick</mark> en	Pork Gordon Bleu	Fish & Chips
Main Western	Chicken Lasagna	Grilled Fish With Ginger Sauce	Japanese Curry with pork	Mediterranean Fish	Pork Goulash
Vegetables	Mixed Vegetables	Broccoli & Cherry Tomatoes	Veget <mark>ables Tem</mark> pura	Carrot Stick	Garden Vegetables
Potatoes	Delmonica Potatoes	Duchess Potatoes	Japanese Potato Salad	Roasted Potatoes	French Fries
Asian Food	Stir Fried Zucchini with Shrimp	Fried Rice With Pork	Grilled Fish with Søy Sauce	Stir Fried Squid With Salted Egg	Chicken Rice
Asian Food	Pork Panang	Grilled Chicken with Lemongrass	Miso Soup	Mixed Vegetable Stew	Winter Melon Soup
Vegetarian	Stir Fried Soy Protein with Red Curry	Grilled T ofu with Gravy	Yak <mark>isoba Veg</mark> an	Egg Tofu With Red Sauce	Salt and Chilli with Tofu
Live Cooking	Pasta Pesto	Som Tam & Sticky Rice	Yakisoba	Carbonara	-
Noodles	Clear Noodle Soup with Pork	Chicken Noodle Bitter Gourd Soup	Ramen	Fish Ball Noodles	Lad Na
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert	Banana in Coconut Milk+		Vanilla Custard	-	Ice Cream
Afternoon Snack	Garlic Bread	Sultana Roll	Chocolate Croissant	Sausage Roll	Danish Vanilla
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice

