

# Lunch Menu - Monday 29th October

## Starters

*Melon soup with chicken*

*Creamy pumpkin soup with croutons (V)*

*Tomato salsa in avocado sauce (V)*

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## Main Courses

*Spicy Thai mixed fruit salad with crispy omlette*

*Creamy tuna Penne pasta bake*

*Thai sausage in granny with mashed potato and seasonal vegetables*

*Noodle soup (V)*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Sweet noodles in coconut milk syrup (V)*

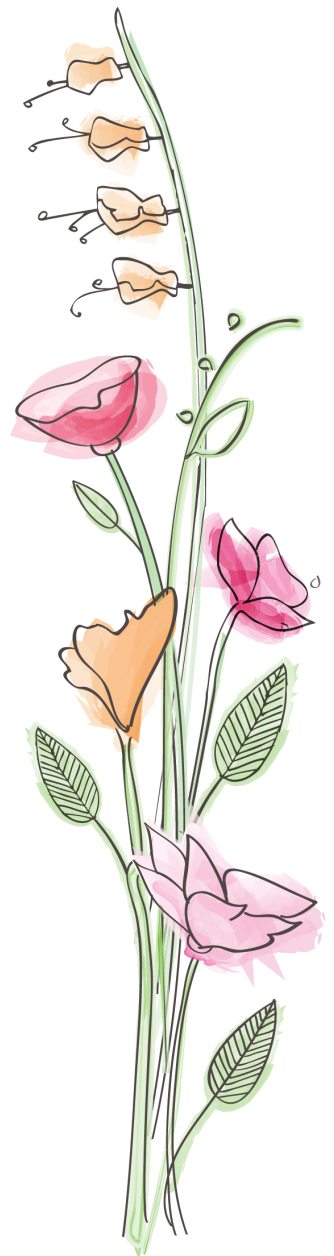
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## Beverages

*Chilled water*

*Chilled milk*

*Lemongrass juice (V)*



# Lunch Menu - Tuesday 30th October

## Starters

*Oven baked minced chicken and shrimp dumplings*

*Creamy spinach soup with croutons (V)*

*Caesar salad*

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## Main Courses

*Thai style suki konyac noodles with seafood*

*Shepherds pie with minced pork*

*Stir fried eggplant with soybean (V)*

*Grilled chicken breast steak with herbs and seasonal vegetables*

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## Sides

*Garlic bread (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Sweet potato in sweet coconut milk (V)*

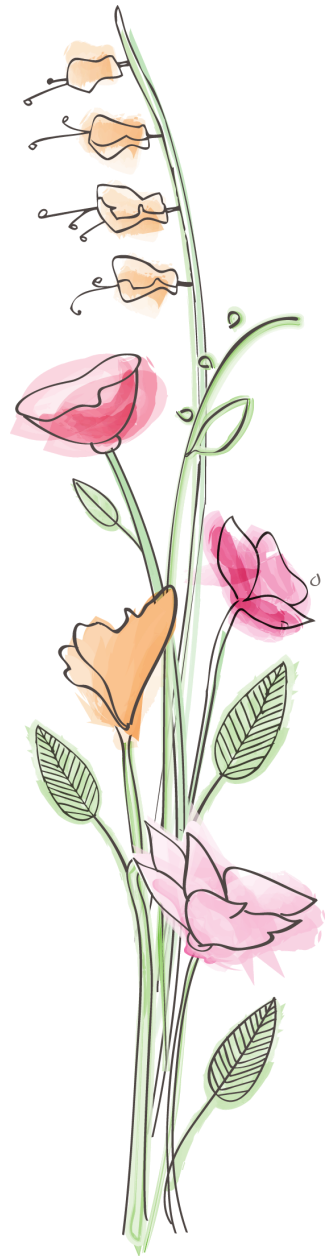
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## Beverages

*Chilled water*

*Chilled milk*

*Bael fruit juice (V)*



# Lunch Menu - Wednesday 31st October

## Starters

*Chashu pork teriyaki and miso Japanese soup*

*Creamy onion soup with croutons (V)*

*Sausage salad*

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## Main Courses

*Stir fried squid with salted duck eggs*

*Fettucini chicken in green curry sauce*

*Stir fried bean curd stick with ginger (V)*

*Fried dolly fish steak in tamarind sauce with seasonal vegetables*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Natural coloured glutinous rice flour balls in coconut milk (V)*

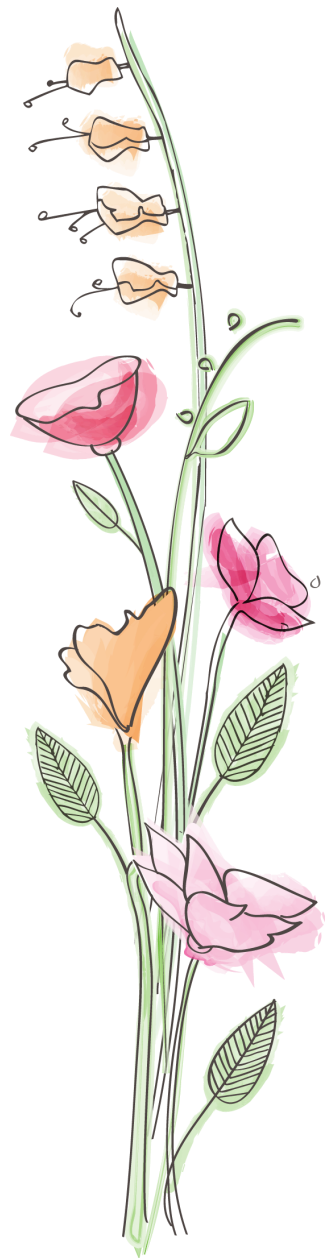
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## Beverages

*Chilled water*

*Chilled milk*

*Pandanus juice (V)*



# Lunch Menu - Thursday 1st November

## Starters

*Pink seafood flat noodles*

*Minestrone soup with croutons (V)*

*Potato and sweetcorn salad (V)*

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## Main Courses

*Stir fried drunken crispy pork*

*Stir fried Fettucini chicken with curry powder*

*Lotus stem in coconut soup (V)*

*Pork steak with black pepper, roasted potatoes and seasonal vegetables*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Caramelised crisps in coconut milk (V)*

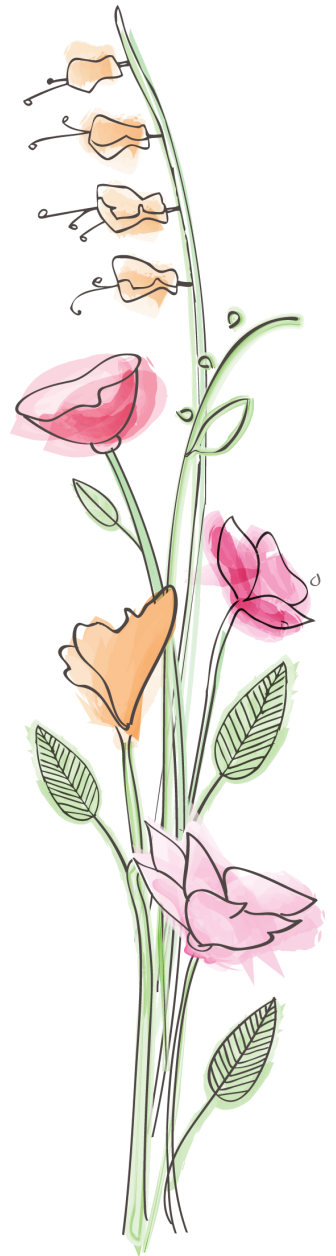
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## Beverages

*Chilled water*

*Chilled milk*

*Traditional lemonade (V)*



# Lunch Menu - Friday 2nd November

## Starters

*Minced pork wrapped in Chinese cabbage with soy sauce*

*Creamy mushroom soup with croutons (V)*

*Mixed fruit salad with a mayonnaise dressing (V)*

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## Main Courses

*Red curry chicken with sour bamboo shoots*

*Battered fish and chips with seasonal vegetables*

*Japanese style noodle soup (V)*

*Chilli hot dog*

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## Sides

*Garlic bread (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Apple crumble and ice cream (V)*

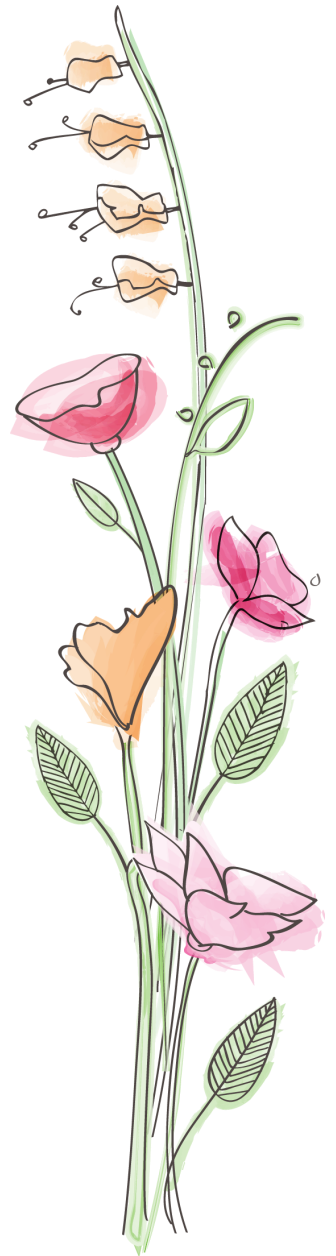
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## Beverages

*Chilled water*

*Chilled milk*

*Longan juice (V)*



# Lunch Menu - Saturday 3rd November

## Starters

*Stir fried catfish*

*Creamy potato soup with croutons (V)*

*Fried shrimp salad*

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## Main Courses

*Pumpkin curry with chicken*

*Chilli hotdog linguine with pork in a spicy sauce*

*Baked pasta and eggplant with cheese (V)*

*Pork chop with sweet and sour peppers and seasonable vegetables*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Thai pandan short vermicelli in palm sugar and coconut milk (V)*

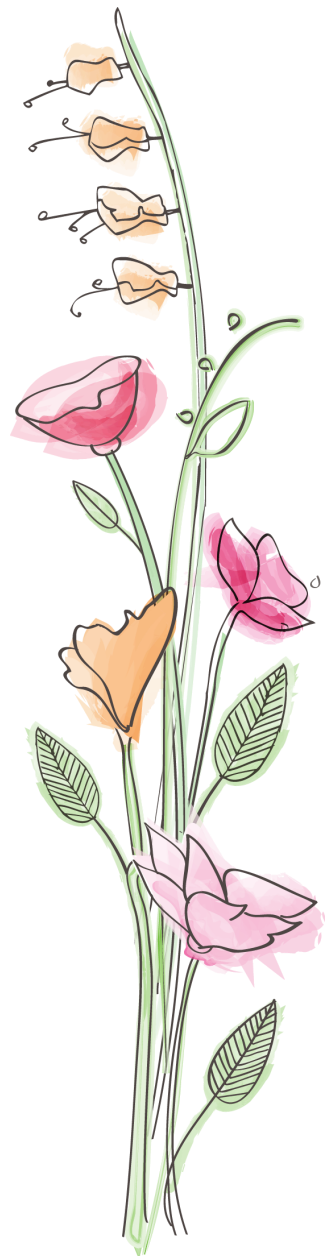
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## Beverages

*Chilled water*

*Chilled milk*

*Roselle juice (V)*



# Lunch Menu - Sunday 4th November

## Starters

*Fried egg with tamarind sauce*

*Creamy corn soup with croutons (V)*

*Mixed grilled vegetable salad*

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## Main Courses

*Clams with roasted chilli paste*

*Linguine with duck and basil*

*Noodles Tom Yum soup(V)*

*Pork chop with a mushroom sauce and seasonal vegetables*

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## Sides

*French baguette (V)*

*Steamed riceberry rice or steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Milk custard with Taohua fruit salad (V)*

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## Beverages

*Chilled water*

*Chilled milk*

*Fruit punch (V)*

