









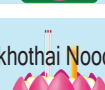







Week day Date	Monday 11/11/2024	Tuesday 12/11/2024	Wednesday 13/11/2024	Thursday 14/11/2024	Friday 15/11/2024
Morning Snack	Grilled Ham with Cheese	Strawberry Yogurt	Cream Bun	Cornflake	Ham Twist 
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar 
Main Western	Baked Fish	Pork Ball	Pork Yakisoba	Chicken in Gravy Sauce	Fish & Chips 
Main Western	Chicken Lasagna	Grilled Fish With Garlic Sauce	Teriyaki Chicken	Mediterranean Grilled Fish	Chicken Green Curry 
Vegetables	Mixed Vegetables	Broccoli & Cherry Tomatoes	Vegetables Tempura	Carrot Stick	Garden Vegetables 
Potatoes	Delmonica Potatoes	Duchess Potatoes	Japanese Potato Salad	Roasted Potatoes	French Fries 
Asian Food	Fried Boiled Egg with Tamarind Sauce or Son-in-law's Eggs	Spicy Pork Soup	Grilled Fish with Soy Sauce	Fried Pork with Garlic	Pork Satay 
Asian Food	Pork Panang	Grilled Chicken with Lemongrass	Miso Soup	Sour Curry with Shrimp	Fried Noodle Thai Style With Prawns 
Vegetarian	Stir Fried Soy Protein with Red Curry	Tofu Cream Sauce	Yakisoba	Egg Tofu With Red Sauce	Vegan Pad Thai 
Live Cooking	Spaghetti with Dried Chili	Som Tam & Sticky Rice	Chicken Curry	Carbonara	
Noodles	Red Pork Wonton Noodles	Chicken Noodle Bitter Gourd Soup	Ramen	Fish Ball Noodles	Sukhothai Noodles 
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits 
Dessert	Lod Chong Dessert and Melon in Coconut Milk.	-	Pineapple Pie	-	Coconut Milk Ice Cream 
Afternoon Snack	Chocolate Stick	Sultana Roll	Chocolate Croissant	Sausage Roll	Pandan Coconut Danish 
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice 